

# BASKETBALL INDIVIDUAL WORKOUTS

With Kennedy Catholic Boys Varsity Coach Al Morales and Staff

ALL YEAR ROUND  
BOYS AND GIRLS  
AGES 9 AND UP



*Coach Morales has worked with all levels of players including High School, College Overseas and current NBA players.*

## OPTIONS:

One-on-One Training  
Small Group Training  
1 Hour or ½ Hour Sessions

## 1-HOUR SESSIONS MONDAY – FRIDAY

3:00pm – 4:00pm  
4:00pm – 5:00pm  
5:00pm – 6:00pm  
6:00pm – 7:00pm

Weekends and Holiday  
Sessions Available.

*Depending on court availability.*



For more information contact Al Morales at  
[almorales@brewstersportscenter.com](mailto:almorales@brewstersportscenter.com)  
or call 845-406-0130



*Just Play!*